

**STREET
GAMES**



FIT AND FED PEARS FOUNDATION REPORT 25/26





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INTRODUCTION

Fit and Fed 2025/26 was delivered in Blackpool, East Durham and North Wales, predominantly in the school holiday periods.

The Fit and Fed programme provided children and young people with free meals, varied sports, and enriching activities, helping to reduce hunger, improve health, and increase physical activity. Young people were able to try new sports not normally available to them, such as cricket, table tennis and darts — leading to sustainable provision and ongoing participation.

Families have benefitted from free trips and safe, structured opportunities for their children. The programme also supported mental wellbeing by reducing isolation, building friendships, and offering a safe and welcoming environment. Young carers particularly benefited from tailored breaks, nutritious meals, and opportunities to connect with peers in similar situations.

Overall, Fit and Fed strengthened wellbeing, confidence, and community connection for those who need it most.

Feedback for this report has been gathered from:

- Project leader surveys
- Participant surveys with 92 young people from five organisations
- StreetGames Training Academy data
- Community Partner case studies

“As an arts organisation, our unique approach to physical activity focused on creativity, making sessions both accessible and enjoyable for those who may not typically be drawn to sport. Our colour runs and dance workshops, for example, encouraged physical movement in a way that felt fun and inclusive, ensuring all young people could participate regardless of prior experience or ability.

The sessions were more than just an opportunity for physical exercise; they fostered a sense of community and belonging among the young people. Many of those who joined had limited access to safe outdoor spaces or structured activities during the holidays, and Fit and Fed gave them a place to connect, express themselves, and build friendships.

The provision of healthy food was crucial, particularly in an area where food insecurity is prevalent. For several participants, these sessions were the only chance to receive a nutritious meal during the break. Feedback from parents and young people has been overwhelmingly positive.”



DELIVERY

207

Number of days of delivery

8,694

Number of hours

15

Community Partners

44

Delivery Sites

BLACKPOOL

United Youth Alliance, Blackpool Carers, Sam's Place, Blackpool Community Trust, Blackpool Boys and Girls Club, The Boat House

EAST DURHAM (PETERLEE)

Groundwork, Creative Youth Opportunities, Seaham Youth and Community Centre, Focus Easington, East Durham College

NORTH WALES

Partneriaeth Maesgerchein Partnership - Maes Ni (Bangor), Porthi Dre (Caernarfon), Ty Llwyn Wormhout CC, (Llandudno), Holyhead Council

641

Participants

APPROX

58%

Male

38%

Female

4%

Other (inc prefer not to say)

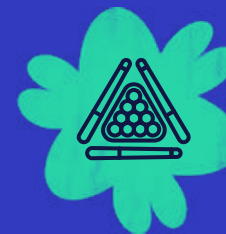
ETHNICITY

OVER HALF OF COMMUNITY PARTNERS (55%) ENGAGED PARTICIPANTS FROM MORE THAN ONE ETHNIC GROUP.

ALMOST ALL COMMUNITY PARTNERS (97%) REPORTED WORKING WITH WHITE PARTICIPANTS.

SMALLER PROPORTIONS OF COMMUNITY PARTNERS REPORTED ENGAGING PARTICIPANTS FROM MIXED OR MULTIPLE ETHNIC GROUPS (36%), ASIAN OR ASIAN BRITISH BACKGROUNDS (27%), AND BLACK, BLACK BRITISH, CARIBBEAN OR AFRICAN BACKGROUNDS (27%).

ACTIVITIES



Pool



Table Tennis



Darts



Dancing



Football



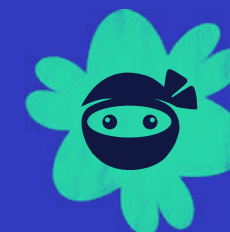
Swimming



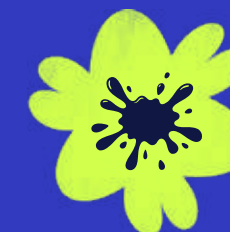
Zoo Visits



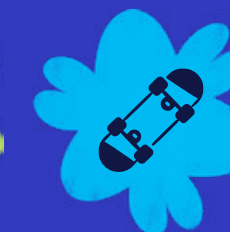
Fell Walking



Ninja Warrior



Colour Splash



Skating

"I HAVE SKATEBOARDED BEFORE, BUT IT HAD BEEN A LONG TIME. I ENJOYED LEARNING ALL THE SKILLS AND BEING TAUGHT HOW TO SKATE PROPERLY AGAIN. THIS HAS BEEN BETTER THAN SITTING AT HOME ON MY PLAYSTATION"

99%
had fun

80%
made new friends

NEARLY 100%
tried new sports

83%
were more active than usual because of the Fit and Fed delivery

0%
had negative ratings of their Fit and Fed programme

66

Volunteers of which 6 were new

APPROX

28%

Male

70%

Female

2%

Other (inc prefer not to say)

1,567
Volunteer Hours

TRAINING

113

Attendees



10

Courses

Including:

- Aces and Trauma Informed Practice
- Organising and Managing Events
- Understanding Behaviour that Challenges
- Engaging Inactive Young People
- Activator Essentials
- Youth Action
- Engaging Women and Girls
- Introduction to Doorstep Sport



468

Individuals Accessing
National Skills
Academy Food and
Drink Careers Passport

387
IN ENGLAND

81
IN WALES



“As part of the project, we were allocated funded places for volunteers and members to complete their Level 2 Food Hygiene qualification. All staff and the majority of our established volunteers had already achieved this certification, so we were able to use the opportunity to further develop our volunteer base.

We successfully supported one new volunteer to complete the Level 2 Food Hygiene course, strengthening our capacity to safely deliver food-based sessions in the future. We are especially proud that one of our members, who also volunteers within the project, completed the qualification. Achieving this recognised accreditation was a significant personal milestone for him. He was over the moon with his accomplishment, and it has greatly boosted his confidence, sense of responsibility, and employability skills.”



FOOD

The food offer across the programmes provides a consistent mix of hot meals, simple breakfasts and opportunities for young people to develop practical cooking skills. Provision is designed to be flexible, familiar and suitable for large groups, flexible for different venues and events, while still offering variety and balanced options.

100% of community partners paid for the food that they offered from the investment from Pears. Around 66% of children and young people tried some new food and over 50% learned about healthy eating.

Breakfast Provision

Breakfasts typically include quick, accessible items such as cereal, toast, pastries, fruit juice and hot chocolate, with some programmes also offering pancakes, waffles and bacon sandwiches.

Main Meal Offer

A wide range of hot meals were provided, including:

- Burgers, chicken strips, chicken nuggets, chicken fillets and sausages
- Fish fingers and fish goujons
- Pizza, garlic bread and toasties
- Pasta dishes such as bolognese, pasta bake, macaroni cheese and noodles
- Jacket potatoes with fillings including cheese, beans and chilli
- Curries, chilli con carne, cottage pie and hotpot
- Soups, potatoes, chips and wedges

This mix balances familiar favourites with more substantial dishes, ensuring meals are both appealing and filling.

Cold Food, Snacks and Packed-Lunch Provision

Alongside the hot meal offer, programmes consistently provide a wide range of cold food options, snacks and drinks to ensure young people have access to nutritious choices throughout each session. Fruit is available at every session, alongside water and other cold drinks.

Youth-Led Cooking

Several programmes incorporate cooking activities where young people prepare their own meals. Residential programmes involve young people planning and cooking full weekly menus, supporting independence and life skills development.

In hands-on cooking and life-skills sessions, young people were encouraged to take home the meals and baked goods they had prepared. This reinforced learning, allowed them to share their achievements with family members and extended the impact of the activity beyond the session itself.

Surplus food

Food provision across the programmes included a clear commitment to reducing waste and supporting children, young people, and their families. Any leftover food at the end of a session was routinely offered for participants to take home in takeaway containers or paper bags.

Extra fruit, baked crisps and other snacks were intentionally provided so that young people could take items home for themselves and their families.

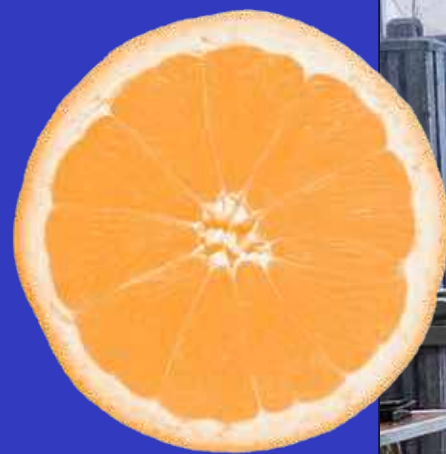
“EXTRA FOOD WAS PROVIDED AS WE LIVE IN AN AREA OF HIGH DEPRIVATION AND THIS IS WHAT WE DO ON A DAILY BASIS FOR ADULTS AND FAMILIES AND AT OUR YOUTH CLUB TWICE PER WEEK”



YOUNG PEOPLE'S INVOLVEMENT

WERE YOUNG PEOPLE ABLE TO GET INVOLVED IN THE DESIGN AND DELIVERY OF THE PROJECT?

100% YES



Young people played an active role in shaping the programme across the board. They influenced both the design and delivery of activities. Their involvement ensured that sessions remained relevant, engaging and reflective of their interests, while also helping them develop confidence, leadership, and practical skills.

Decision-Making and Activity Planning

Young people contributed to planning by:

- Helping set up activities and agreeing rules and procedures for games.
- Taking part in ongoing consultation through discussions, flipcharts, suggestion tools and informal "sit and chat" approaches.
- Selecting the activities they wanted to participate in, including creative sessions, sports, trips, and themed events.
- Planning specific events such as beach trips, off-site visits and a youth-led football tournament, including researching prices, opening times and venue information.
- Working with staff to risk-assess activities and manage budgets.

Leadership, Volunteering and Peer Support

Several young people took on volunteer and/or mentor roles, supporting delivery, acting as peer role models, and helping others to participate. This strengthened their leadership skills, sense of responsibility and confidence.

Consultation Across All Groups

Consultation was embedded throughout delivery, including:

- Young carers shaping all activities funded through the programme.
- Young people with learning disabilities contributing through adapted, accessible consultation methods.
- Youth providers across the area came together with young people to shape larger events such as the youth festival.
- Regular review of activity ideas to ensure new participants could influence future sessions.

"YOUNG PEOPLE WERE ACTIVELY INVOLVED IN BOTH THE DESIGN AND DELIVERY OF THE FIT AND FED PROJECT."

"WE ADOPT OUR "SIT AND CHAT" APPROACH, WHICH IS AN INFORMAL CONSULTATION METHOD. DUE TO OUR YOUNG PEOPLE'S LEARNING DISABILITIES THIS CREATES A SAFE AND RELAXED SPACE FOR YOUNG PEOPLE TO SHARE THEIR VIEWS, PREFERENCES, AND IDEAS."

"YOUNG PEOPLE SHAPED THE APPLICATION FOR FUNDING"

"YOUNG PEOPLE WERE CONSULTED ON THE MENUS FOR ALL FOOD PROVIDED, AND THEY ALSO HAD THE OPPORTUNITY TO HELP PREPARE THE FOOD... THE FOOTBALL TOURNAMENT WAS PLANNED BY YOUNG PEOPLE, WHICH INCLUDED THE VENUE, ACTIVITIES, AND FOOD CHOICES. YOUNG PEOPLE ARE ALSO INVOLVED IN EVALUATING THE ACTIVITIES AT THE END OF EACH SESSION."



PARENT/CARERS INVOLVEMENT

DID YOU ENGAGE PARENTS/GUARDIANS/ WIDERFAMILIES IN YOUR FIT AND FED PROGRAMME?



Parents, wider family members and support networks, were meaningfully engaged throughout, with a strong focus on communication, participation, and creating an inclusive environment. Regular discussions with parents were held, supported by parental feedback forms, and various plans were established such as a parent focus group to further strengthen involvement.

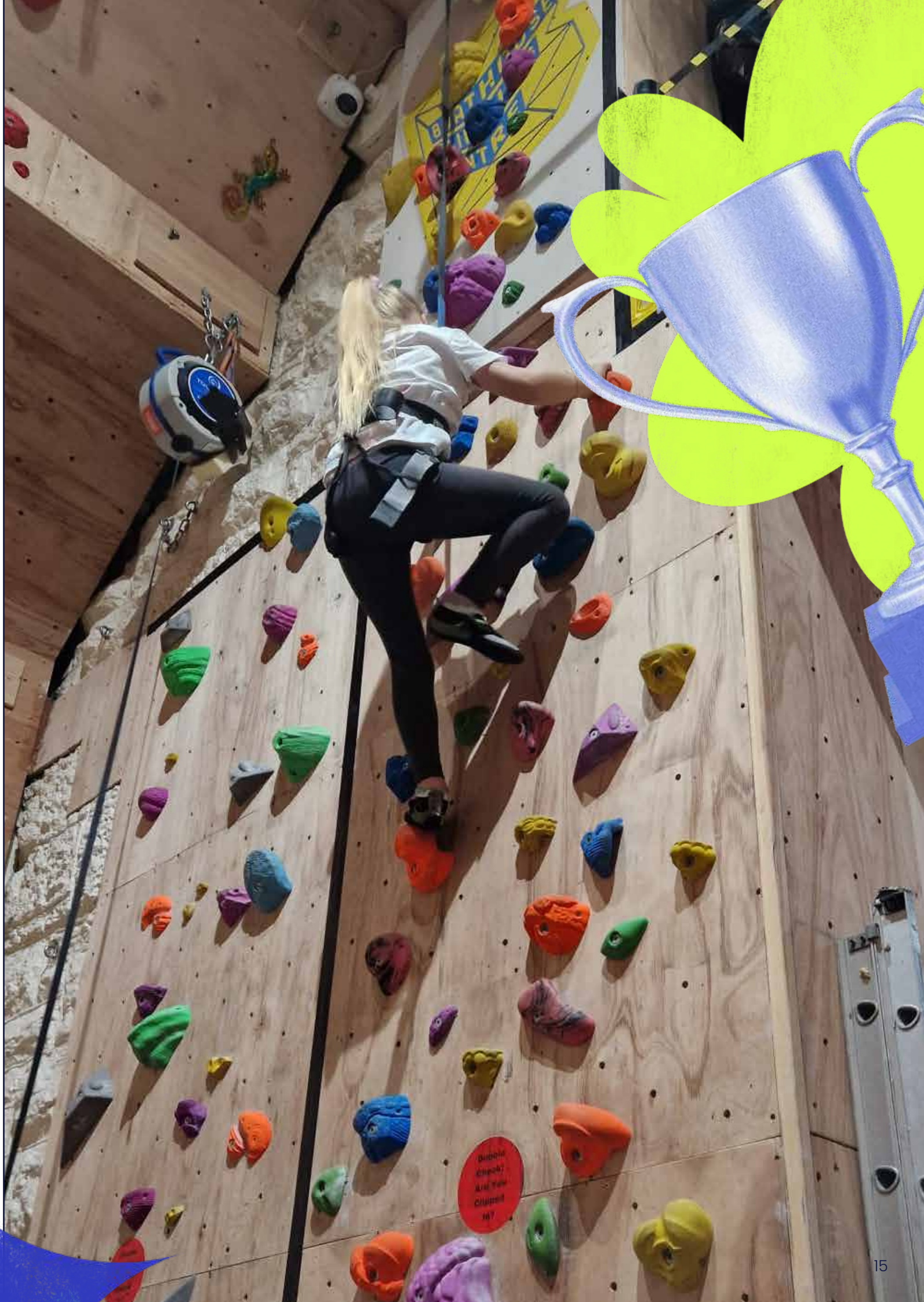
Horden and Peterlee Rugby Club worked alongside Eden Hill People’s Centre, who provided family-focused activities, while Groundwork planned targeted sessions for teenagers and engaged with siblings and parents during activities. Many families also participated in wider events such as beach trips, discos, the colour and the splash run, where younger siblings and parents were welcome to join. A Youth Festival was open to families and children of all ages, supporting whole-family participation.

Several parents played an active role within sessions, some volunteering to support project delivery. Their involvement helped create a welcoming and inclusive environment, strengthened relationships between families and the project team, and encouraged peer support within the parent community.

The programme also offered significant benefits to family wellbeing. For many, Fit and Fed provided much-needed respite, giving parents and carers time to rest, attend appointments, or focus on siblings. This was particularly valuable for families of young people with additional needs, where short-break opportunities are limited.

Overall, the approach ensured that families were not only informed but genuinely involved, helping to build stronger community connections, improve family resilience, and enhance outcomes for young people.

“PARENT/CARER INVOLVEMENT STRENGTHENED RELATIONSHIPS BETWEEN FAMILIES AND THE PROJECT, ENCOURAGED PEER SUPPORT BETWEEN PARENTS, AND INCREASED COMMUNITY CONNECTION.”



IMPACT

“OUR FIT AND FED SESSIONS HAVE REDUCED HUNGER FOR YOUNG PEOPLE BY PROVIDING A RANGE OF HOT AND COLD MEALS ACROSS THE PROGRAMME, WITH SOMETHING DIFFERENT AT EACH SESSION. YOUNG PEOPLE WERE INVOLVED IN PLANNING AND PREPARING FOOD, WHICH BUILT PRACTICAL SKILLS AND CONFIDENCE. SEVERAL HAVE GONE ON TO RECREATE MEALS AT HOME”

Fit and Fed has made a significant difference to children, young people, and families across the communities engaged.

One example of this impact was the introduction of indoor darts sessions, which were so well received that they led to the creation of an Under-18s darts club operating after school. The club now has 38 members—representing 38 young people who are safely engaged in a positive, structured activity rather than spending time on the streets or isolated at home. This development would not have been possible without support from Pears Foundation, and the impact on local young people has been substantial.

Fit and Fed has been especially valuable because it has been offered in areas of high deprivation, where many children and young people have limited access to free activities, meals, and enrichment during school holidays. Participants were able to take part in sport, team-building and inspirational activities, such as; Sunderland Foundation of Light and other trips.

“I REALLY LIKED COMING TO BRANTWOOD, EVERYTHING WAS SO NICE, PEACEFUL AND I LOVED LOOKING IN JOHN RUSKIN’S HOUSE. I WANT TO COME BACK HERE WITH MY BROTHER”.

“I ENJOYED GETTING OUT OF BLACKPOOL AND HAVING A BREAK AWAY FROM HOME. IT HAS BEEN SO PEACEFUL”

“I LOVED GOING TO THE ANDERTON CENTRE AND DOING ALL THE ACTIVITIES AND BEING OUT WITH MY FRIENDS. WILL OUR INSTRUCTOR WAS SO FUNNY”

Organisations have been able to build their capacity through training, broaden their offer and try activities for the first time, cricket coaching and a dedicated table tennis day with a local coach—activities not previously available in the area.

“FAMILIES WERE ABLE TO PARTICIPATE IN BEACH TRIPS THAT WERE FREE AND PROVIDED OUTINGS THAT THEY WOULDN’T NORMALLY BE ABLE TO AFFORD.”

“MANY YOUNG PEOPLE PREVIOUSLY ASSOCIATED EXERCISE WITH DISCOMFORT, EMBARRASSMENT, OR FAILURE. THROUGH INCLUSIVE, ADAPTED ACTIVITIES, THEY HAVE DISCOVERED THAT BEING ACTIVE DOES NOT HAVE TO BE BORING OR PAINFUL.”

Programmes also included accessible physical activities such as walk-and-talks, fishing, cycling, and centre-based games, as well as a Canal Boat Residential. Young people showed improved confidence, greater willingness to try new activities, and stronger peer relationships. In addition, involving participants in planning and preparing meals helped build practical skills, with several young people later recreating dishes at home.

Without these sessions, most young people would be:

- **At home**, often alone
- **On screens**, gaming, sleeping, or bored
- **Hanging around on the streets**
- **Caring for siblings**
- **Lacking structure or stimulation**

These underscore Fit and Fed's role in reducing isolation, supporting wellbeing, and providing safe alternatives.



“I'D BE LOST WITHOUT THIS PLACE”

“THE FIT AND FED SESSIONS HAVE MADE A MEANINGFUL DIFFERENCE TO THE YOUNG PEOPLE WE SUPPORT, BOTH PHYSICALLY AND EMOTIONALLY. YOUNG PEOPLE NOW HAVE A BETTER UNDERSTANDING OF WHAT CONSTITUTES HEALTHY FOOD, INCLUDING BALANCED MEALS, PORTION AWARENESS, AND HEALTHIER ALTERNATIVES. THROUGH HANDS-ON COOKING AND DISCUSSION, THEY HAVE DEVELOPED GREATER CONFIDENCE IN MAKING BETTER FOOD CHOICES. FOR SOME MEMBERS, THIS HAS CONTRIBUTED TO POSITIVE LIFESTYLE CHANGES, INCLUDING WEIGHT LOSS AND IMPROVED OVERALL WELLBEING. IMPORTANTLY, ATTITUDES TOWARDS PHYSICAL ACTIVITY HAVE SHIFTED.”

Across all delivery areas, Fit and Fed has provided opportunities for children and young people to stay active, engaged, and socially connected during school holidays. Sessions were designed to be both fun and educational, helping to develop new skills and interests. Every participant received free meals and snacks, ensuring that food insecurity was reduced during periods when free school meals are unavailable. This support eased financial pressure on families and ensured young people were well-nourished and ready to participate fully in activities.



“FOR SOME YOUNG PEOPLE, IT WAS THEIR MAIN OPPORTUNITY TO STAY ACTIVE IN A SAFE AND SUPPORTIVE ENVIRONMENT. IN ADDITION, THE PROGRAMME HAD A POSITIVE IMPACT ON MENTAL WELLBEING. YOUNG PEOPLE-BUILT FRIENDSHIPS, DEVELOPED SOCIAL SKILLS AND GREW IN CONFIDENCE THROUGH GROUP ACTIVITIES AND POSITIVE ENGAGEMENT WITH STAFF AND VOLUNTEERS.”



“AS A RESULT, WE ARE NOW CONTINUALLY LOOKING FOR CREATIVE WAYS TO INCORPORATE PHYSICAL ACTIVITY INTO ALL SESSIONS, ENSURING THAT HEALTHY HABITS ARE SUSTAINED BEYOND THE LIFESPAN OF THE PROJECT.”

Beyond physical health, Fit and Fed had a meaningful impact on wellbeing. Many young people-built friendships, developed social skills, and grew in confidence through group work and consistent engagement with staff and volunteers. Fit and Fed offered a safe space that reduced isolation and encouraged inclusion, particularly for those who may otherwise have limited social opportunities during school holidays.

The programme had particularly significant benefits for young carers. Activities were selected through direct consultation to ensure they reflected their needs and interests, providing meaningful breaks from caring responsibilities. Alongside nutritious meals, these sessions enabled young carers to spend time with peers in similar situations, helping to build age-appropriate support networks and reduce feelings of isolation.

Overall, Fit and Fed has contributed to healthier lifestyles, improved mental wellbeing, reduced holiday hunger, and increased community engagement. The programme has expanded opportunities, removed financial barriers to participation, and created safe, supportive, and enriching experiences for young people who need them most.





CHALLENGES

Working in place means working in complex systems and across diverse partnerships. We are committed to embedding Fit and Fed within the priorities of a place so that it can sustained beyond the funding available here. This led to some delays in getting going, particularly in North Wales where embedding the work meant navigating various authority lines and partnership networks. We have supported four organisations and have established a plan for year two that supports more community partners to join the programme for 2026/27. This shows the importance of funding at least two years in order to reach the families who need it most.

Across the Fit and Fed programme, several challenges affected delivery, participation, and planning. Fluctuating attendance was a common issue, with bookings not always matching actual turnout, last-minute cancellations, and difficulties engaging some groups—particularly home-educated young people, girls, and families facing complex needs.

Weather conditions, especially in coastal areas, disrupted outdoor activities and required flexible contingency planning. Engagement barriers also included limited reach of social media advertising, and initial mistrust from some communities. Some young people experienced anxiety around trying new activities, requiring a gradual, relationship-based approach to build confidence.

Operational challenges included securing timely consent forms, managing varying behavioural and health needs, and maintaining consistent staffing levels to ensure safe ratios. Delivering sessions in buildings without cooking facilities made sourcing healthy food more difficult and costly. Transport issues also affected attendance for some families.

Despite these hurdles, teams adapted by using alternative communication methods, adjusting plans to suit attendance, sending food home when needed, and maintaining strong communication with families. These challenges highlighted the importance of flexibility, skilled staffing, and community-centred engagement when delivering inclusive holiday provision.

COASTAL COMMUNITIES

Our learning highlights that coastal communities face a complex set of social, economic and environmental challenges that significantly influence the need for programmes like Fit and Fed. While each area has its own characteristics, several consistent themes emerged.

“DURING SCHOOL HOLIDAYS, WHEN FREE SCHOOL MEALS STOP, HOUSEHOLD FINANCES ARE STRETCHED FURTHER AND POVERTY BECOMES MORE VISIBLE. WE OFTEN SEE INCREASED PRESSURE ON FAMILIES OVER THE SUMMER AND HALF TERM PERIODS. THERE IS ALSO A SENSE OF SOCIAL AND GEOGRAPHIC ISOLATION IN COASTAL COMMUNITIES. DESPITE LIVING BY THE SEA, MANY OF OUR YOUNG PEOPLE DO NOT REGULARLY ACCESS POSITIVE OUTDOOR ACTIVITIES.”

Coastal towns often experience **high levels of deprivation**, shaped by the long-term decline of traditional industries and the seasonal nature of tourism-based employment. This leads to financial insecurity for many families, particularly during school holidays when the loss of free school meals increases household pressure. As a result, **food insecurity is more visible**, and access to affordable, nutritious meals becomes a critical need.

“ALTHOUGH THE SEAFRONT HAS SEEN REGENERATION, NOT ALL FAMILIES BENEFIT EQUALLY, AND SOME EXPERIENCE LOW INCOME, INSECURE EMPLOYMENT AND SEASONAL WORK PATTERNS. DURING SCHOOL HOLIDAYS, THIS CAN HEIGHTEN FINANCIAL PRESSURES, INCREASING THE RISK OF HOLIDAY HUNGER.”

Geography and infrastructure also play a major role. Coastal communities frequently have **poor transport links**, with some communities isolated from town centres and key services. This makes it harder for young people to access structured activities, contributing to **boredom, inactivity, and social isolation**. Even when natural outdoor spaces are available, young people do not always feel confident or safe using them independently.

“WE DO NOT HAVE GREAT TRANSPORT LINKS OFTEN NEEDING TWO OR THREE BUSES TO GET TO PLACES WHICH IS EXPENSIVE.”

“COASTAL COMMUNITIES CAN ALSO EXPERIENCE POCKETS OF ISOLATION. WHILE SEAHAM IS RELATIVELY WELL CONNECTED, SOME ESTATES ARE GEOGRAPHICALLY SEPARATED FROM MAIN AMENITIES, AND LIMITED ACCESS TO AFFORDABLE TRANSPORT CAN RESTRICT YOUNG PEOPLE’S ABILITY TO ATTEND ACTIVITIES.”

“THE PROMENADE AND TOWN CENTRE CAN SOMETIMES FEEL ASSOCIATED WITH ANTI-SOCIAL BEHAVIOUR, PARTICULARLY DURING PEAK TOURIST SEASON, WHICH CAN DISCOURAGE FAMILIES FROM ALLOWING YOUNG PEOPLE OUT IN THAT AREA.”

Health inequalities are often amplified in these communities. Many young people experience **lower activity levels, poorer mental health and reduced opportunities for social connection**, particularly those who are electively home educated or living with additional needs. For Home Educated families, barriers can be even greater, as young people may lack access to regular PE, consistent routines or positive peer interaction.

Some of the organisations do not identify their community as “Coastal Community” and it is important to recognize their experience.

“IT IS INTERESTING THAT THE TERM COASTAL COMMUNITIES IS USED. EASINGTON IS A COASTAL COMMUNITY HOWEVER I WOULD DEFINE IT MORE AS AN AREA OF

DEPRIVATION, IT IS IN THE TOP 10% ON THE INDICES OF MULTIPLE DEPRIVATION AND CLASSED AS A LEFT BEHIND COMMUNITY.”

Another significant learning point is that many struggling families fall **outside traditional eligibility criteria**, such as free school meals, despite facing real financial hardship. Without programmes like Fit and Fed, these families often go unsupported.

“HAVING LOCALLY BASED ORGANISATIONS DELIVER THE PROGRAMME ENSURES THAT RESOURCES GET TO THE CHILDREN & YOUNG PEOPLE WHO NEED THEM MOST. THERE ARE LOTS OF FAMILIES WHO SUFFER FINANCIAL HARDSHIP BUT DON’T MEET THE CRITERIA FOR OTHER PROGRAMMES DUE TO NOT RECEIVING FREE SCHOOL MEALS.”

Overall, the challenges faced by coastal communities are interlinked and often intensified: deprivation, isolation, weak transport networks, seasonal employment, limited inclusive provision, and health inequalities. These conditions make Fit and Fed not just beneficial, but essential—providing accessible food, safe spaces, structured activity, and community connection where they are most needed.

“FUNDING LIKE PEARS PLAYS A CRUCIAL ROLE IN BRIDGING THESE GAPS, ENABLING ORGANISATIONS TO DELIVER TAILORED PROGRAMMES THAT PROVIDE BOTH ESSENTIAL SUPPORT AND A SENSE OF BELONGING. BY OFFERING CREATIVE ACTIVITIES AND HEALTHY FOOD, SUCH INITIATIVES HELP BUILD RESILIENCE AND IMPROVE WELLBEING IN COMMUNITIES OTHERWISE OVERLOOKED, THIS WAS PARTICULARLY RELEVANT TO THE WORKING FAMILIES WHO STRUGGLE TO SURVIVE AND ARE OFTEN OVERLOOKED.”



**STREET
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Pears
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**THANK YOU PEARS FOUNDATION
FOR YOUR INVESTMENT AND
CONTINUED SUPPORT.**

We look forward to taking the learning from year 1 into the second year of the programme and supporting more young people to be Fit and Fed.